

Brief Biography

Dr. Luana Marques is an Associate Professor of Psychiatry at Harvard Medical School (HMS) and the Director of [Community Psychiatry PRIDE](#) at Massachusetts General Hospital (MGH). Dr. Marques is a national and international expert in Cognitive Behavioral Therapies (CBTs) and a leader in increasing access to scientifically rigorous mental health practices. Her decades of clinical and research experience implementing evidence-based practices encompass all types of roles and settings, from front-line staff to CEOs, diverse communities to organizations, both in the US and globally. Dr. Marques is the President of the Anxiety and Depression Association of America (ADAA) and the author of *Almost Anxious: Is My (or My Loved One's) Worry or Distress a Problem?*. Connect with her [@DrLuanaMarques](#)

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Full Biography

Dr. Luana Marques is the Director of Community Psychiatry PRIDE and Associate Director of the Center for Anxiety and Traumatic Stress Disorders at Massachusetts General Hospital (MGH), as well as an Associate Professor of Psychiatry at Harvard Medical School. She completed her Ph.D. in Clinical Psychology at the State University of New York (SUNY) at Buffalo and her clinical internship in the Cognitive Behavioral Track (CBT) at Massachusetts General Hospital/Harvard Medical School in 2007.

Recognized as a national and international expert in Cognitive Behavioral Therapies (CBTs) with over 10 years of experience conducting clinical research in health disparities and trauma-related disorders, Dr. Marques' major clinical and research interests include the implementation of evidence-based practices for individuals suffering from a variety of behavioral health disorders in diverse communities. Through her research she aims to decrease disparities in care for individuals experiencing behavioral health difficulties, especially among low-income and ethnic minorities.

Dr. Marques has extensive experience conducting research in community health centers and in underserved patient populations. Currently, Dr. Marques is the principal investigator for a \$1.6 million project funded by the Dalio Philanthropies focused on addressing the significant social emotional needs of disengaged and disconnected youth through evidence-based training and coaching. Additionally, she is the principal site investigator of a National Institutes of Health (NIH) funded project examining study an innovative measure of the quality of evidence-based practices, such as Cognitive Behavioral Therapy. Dr. Marques' past major projects include, among others, an NIH funded assessment of the implementation of cognitive processing therapy for posttraumatic stress disorder at Massachusetts General Hospital Chelsea HealthCare Center, and a development and implementation program of a skills-based cognitive-behavioral curriculum for high risk young men. Through her research, Dr. Marques has led numerous trainings for paraprofessionals and community health workers interested in using evidence-based treatment for trauma, depression, anxiety, and related mental health disorders.

Dr. Marques is the President of the Anxiety Disorders Association of America, a scientific reviewer for the Patient Centered Outcomes Research Institute (PCORI), and a member the Association for the Advancement of Cognitive and Behavioral Therapy. She is also the author of *Almost Anxious: Is My (or My Loved One's) Worry or Distress a Problem?*, published by Harvard Health Press/Hazelden Publishing.

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